

NOTIFICATION FOR PROJECT GUIDELINE

It is hereby informed to all the learners of DY 2nd Semester to follow the guidelines in preparing their project work/report, as provided by the concerned discipline and is attached herewith. The exams of the 2nd semester is likely to start from September, 2023.

Sd/-

Deputy Registrar (Examination)

PROJECT GUIDELINES FOR DY 2ND SEMESTER



**KRISHNA KANTA HANDIQUI STATE OPEN UNIVERSITY
RESHAM NAGAR**

KHANAPARA, GUWAHATI-781022

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I. OBJECTIVES

The objective of the project is to help the learners acquire ability to apply the theoretical concepts in Yoga to solve problems in practical situation.

II. TIME SCHEDULE FOR THE PROJECT

The duration of the project work is one and half months after approval of the synopsis.

The project carries 100 marks and it is mandatory to submit the Project Report before the completion of the programme.

Sl. No.	Topic	Date
1	Submission of the synopsis of the project at the respective Study Centre	Up to 20 th August, 2023
2	Submission of Project at the respective Study Centre/ University. Receipt to be given by the study centre to the learners.	15 th September, 2023
3	Last date of submission of project report at the University by the Study Centre	26 th September
4	Candidate should bring one copy of the project report along with them at the time of Viva-Voce.	On the date of Viva
5	Viva-voce	Will be notified in due time

III. FEES FOR PROJECT

A Challan of Rs. 1000/- as Project fees should be enclosed with the copy of the project report (which will be sent to the university), if not paid at the time of admission.

IV. TYPES OF PROJECT

The Project may be taken on any one of the following areas:

- The project should be done in the relevant area of Diploma in Yoga (DY) course only.
- The project can be based on primary or secondary data.
- Case study
- Evolution of any new conceptual/theoretical framework.
- Field study.

V. PROJECT PROPOSAL (SYNOPSIS)

Submission, Changes and Acceptance of Project Proposal (synopsis):

Learners are advised to send their project synopsis and name and address of the project guide to the Coordinator, KKHSOU and Study Centre. The synopsis should include the following:

- Title of the Study
- Objectives and importance (significance) for the Study
- Research Methodology opted for the Study (stating nature, sources, collection of data; research tools and techniques to be used; sampling procedure).
- Limitations and Scope of the Study.

If the learner wants to undertake a new project by changing his/her earlier project proposal, he will have to justify his new choice. Without valid ground and certification from his/her guide, no change in project proposal will be entertained.

In any case, changes in project proposal will not be allowed after submitting the second project proposal. The second proposal will be considered as final. It is necessary that the learners finalize their project proposal well ahead of time. It is to be noted that changes in project proposal will not be entertained after 28th August the programme.

In order to complete the project in due time, a learner should devote at least 60 days for his/her project. This time should be judiciously divided into various phases like field study & interview, data collection, data tabulation, data interpretation and data analysis.

VI. PROJECT GUIDE

- Faculties in the Institutions (Where PDGY or PG in Yoga programme is available) in having minimum three years of teaching experience in PG diploma or PG in Yoga. **The information in this regard may be availed from the Academic branch of KKHSOU/ concerned coordinator of KKHSOU or the Study Centre.**

VII. PROJECT REPORT

- Each Project Report must adequately explain the research methodology adopted and the directions for future research.
- The Project Report should also contain the following:
 - Copy of the approved Project Performa. The Project Performa has been mentioned in the section “Project Performa”.
 - Certificate of originality of the work duly signed by the learners themselves and project guide.
- The Project Report should be typed in double line space, with 1.5 inches of margin in left side and 1 inch margin in the right side of each page. The upper and lower margins should not be less than 1 inch each. Project report should be printed on one side only and should be spiral bound.

VIII. PROJECT PROFORMA

The project report should include the following items --

- 1) Introduction
- 2) Objectives
- 3) Methodology
- 4) Analysis of the document
- 5) Findings
- 6) Implementation of the project
- 7) Future application of the project
- 8) Bibliography

The cover page and the first three pages of the report should be of the following Structure:

COVER PAGE:

A Project Report on
TITLE OF THE PROJECT

**In fulfillment of the requirement for the 2nd Semester of
Diploma in Yoga
Programme**



Submitted by

.....
(Name of the Learner)
Enrollment No.:
Session:.....

Under the Guidance of

.....
(Name of the Project Guide)
Study Centre

.....
(Name of the Study Centre)

.....
(Location)

FIRST FACE PAGE:



“TITLE OF THE PROJECT”

Conducted under the Guidance of

(Name of the Guide)

Name & Enrol. Number of the Learner

CERTIFICATE OF ORIGINALITY FROM THE GUIDE:

CERTIFICATE OF ORIGINALITY FROM THE GUIDE

This is to certify that the project report entitled

.....

Submitted to **Krishna Kanta Handiqui State Open University** in partial fulfilment of the requirement for the award of the degree of **Diploma in Yoga**, is an original work carried out by Mr./Ms..... Enrolment No.:..... under the supervision of Dr./Mr./ Ms.....

The matter embodied in this project is a genuine work done by the student and has not been submitted either to this University or to any other University / Institute for the fulfilment of the requirement of any course of study.

Signature of the learner

Name and Address

Enrolment No.:

Signature of the Guide

Name, Designation &
Address

Seal of study centre

IX. SUBMISSION OF PROJECT REPORT

Learners should prepare three copies of the project report, one copy for the University, one for the Study Centre and one for the learner him/her self. They should bring own copy at the time of Viva-Voce. Other two copies must be submitted at least one month before the date of final examination. At the top right corner of the first page of the report “COPY FOR THE UNIVERSITY” should be neatly written/typed.

X. PROJECT PRESENTATION & PRESERVATION

Each project must be presented in the presence of an External Evaluator. Project presentation may be scheduled at other study centres also depending on the number of learners. Learners should preserve their copies of project report for future reference. The University may ask to present the same even after the submission of the project anytime within the tenure of the programme. Therefore, the learners should preserve their copies at least until final result is declared.

The above pages (Cover page and first, second and third page) should not have any numbering. There should be a content page depicting the inside road map of the project.

Numbering of pages may start from the next page of the content page.

The type font is: Arial. For general continuous texts, font size: **11**. The major Section should be typed with **BOLD** letters with font size: **14**. The Sub-sections should be typed with **Title Case bold letters** with font size **12**.

XI. MARKS DISTRIBUTION AND VIVA VOICE

Total marks (100) =60 (Report writing) + 40 (Viva Voice)

Both internal guide and the external examiner will evaluate the project report and award marks out of 60. Marks allotted for Internal guide will be out of 20 and for external guide it will be out of 40. Candidate shall appear in a viva voice examination to be scheduled by the university and to be held at university specified centre.

At least one of the two examiners mentioned above should be present to conduct the viva examination and award marks out of 40. Medium is both English and Assamese.